Fortitude School 2026/27

Comprehensive SMSC, PSHE & Personal Development Policy

SMSC, PSHE and Personal Development Overview

Purpose

Our SMSC, PSHE and Personal Development curriculum is designed to:

- Develop **fortitude, resilience and healthy decision-making**.
- Prepare pupils for their next steps into further education and the wider world.
- Promote **community engagement** and proactive citizenship.
- Embed **British Values (BV)** and **Safeguarding (SG)** throughout.
- Provide enrichment opportunities to nurture curiosity, creativity, and confidence.

Delivery

- **Explicit teaching** through PSHE/RSE, tutorials, pupil voice, assemblies and workshops.
- **Cross-curricular links** (Computing, Citizenship, RSE, Outdoor/Farm provision).
- **SEL programme** and **SMSC tutor programme** running weekly.
- **Enrichment curriculum** to provide cultural capital and broaden horizons.

2. Aims

- Develop pupils' **fortitude, resilience, and confidence**.
- Provide explicit teaching in **PSHE and RSE**, supported by a structured programme of SMSC and enrichment.
- Promote **British Values** (democracy, rule of law, individual liberty, respect, tolerance).
- Embed **safeguarding awareness** into the curriculum (online safety, CSE/CCE, exploitation, mental health).

- Provide **cultural capital** through enrichment, visits, and community engagement.
- Monitor and celebrate personal development progress for all pupils, including those with SEND.

3. Delivery

1. **Taught Curriculum: Weekly PSHE lessons, SELP programme, RSE.**
2. **Embedded Curriculum:** Tutorials, assemblies, pupil voice, SMSC tutor programme, outdoor/farm provision.
3. **Enrichment Curriculum:** Trips, charity events, cultural celebrations, workshops.
4. **Safeguarding Curriculum:** Online safety, anti-bullying, resilience workshops, KCSIE themes.
5. **Calendar:** Annual SMSC/PD calendar ensures coverage of statutory and wider priorities.

4. Curriculum Intent, Implementation and Impact

Intent- At Fortitude, our SMSC, PSHE and Personal Development curriculum is designed to:

- Develop **fortitude, resilience, and healthy decision-making** in all pupils.
- Equip pupils with **life skills** that prepare them for adulthood, further education, and work.
- Promote **respect, tolerance, and empathy**, celebrating diversity and inclusion.
- Ensure pupils understand **safeguarding, online safety, and British Values** as part of everyday life.
- Build **cultural capital** through enrichment, community engagement, and experiences beyond the classroom.

Implementation

- **Weekly PSHE lessons** including RSE (statutory).
- **SMSC Tutor Programme** delivered through form time and circle time.
- **Pupil Voice structures**: councils, surveys, and forums feeding into curriculum and policy.
- **Assembly Programme** linked to SMSC, safeguarding and British Values.
- **Enrichment & Life Skills**: outdoor learning, farm, visits and trips, cultural experiences.
- **Safeguarding Curriculum**: integrated across tutorials, assemblies and workshops.
- **Annual SMSC & Personal Development Calendar** (month-by-month mapped

themes).

Impact

- Pupils are confident, resilient, and able to make safe, positive choices.
- Pupils demonstrate respect for others and celebrate diversity.
- Pupils show increasing independence through life skills and self-regulation.
- Evidence through: pupil work, voice surveys, progress data, behaviour/attendance improvements, governor reports.
- Pupils understand how to stay safe, respect others, and make positive life choices.
- Pupils demonstrate resilience, independence, and cultural awareness.
- Evidence through: attendance at enrichment, reduced behaviour incidents, improved pupil wellbeing data, pupil/parent surveys.
- Visible **golden thread of personal development** across all aspects of school life.

5. Inclusion

- SMSC/PD is designed to be **accessible to all pupils**, including those with SEND and complex needs.
- Learning is adapted using **symbols, visuals, PECS/Makaton, sensory approaches**.
- EHCP targets are linked to personal development where appropriate.

6. Assessment & Monitoring

- **Baseline SEL assessments** and **termly reviews**.
- **Pupil voice** gathered through councils, surveys, and focus groups.
- **Staff logs** of tutorials, assemblies, and workshops.
- SLT **monitoring** through reports and scrutiny of evidence.
- **Celebration events**- showcasing achievement

7. Roles and Responsibilities

- **Headteacher:** Strategic oversight.
- **SMSC/PSHE Lead:** Curriculum planning, monitoring, reporting.
- **DSL/Deputy DSLs:** Safeguarding integration.
- **All Staff:** Delivery of SMSC themes, role modelling values.
- **Governors:** Hold leaders to account, monitor impact.

8. Review

This policy will be reviewed annually and updated to reflect statutory changes, Ofsted expectations, and school priorities

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Fortitude School 2026/27

SMSC, PSE and Personal Development Calendar

Fortitude School SMSC and Personal Development curriculum has been designed specifically to help our young people develop the skills, understanding fortitude and resilience needed to make healthy and safe choices in life. It helps to prepare them to take a positive and proactive role in their community and beyond, whilst preparing them for their next steps into further education and the world of work.

Our SMSC programme is explicitly delivered through our personal development curriculum which includes mandatory RSE sessions. It is also embedded throughout our assembly themes, pupil voice, workshops, weekly tutorial sessions and our SELP programme.
We have also developed an enrichment curriculum that works to develop curiosity and interests and to explore and progress in non-academic subjects and activities.
We have also incorporated explicit links with British values (BV) and Safeguarding (SG) throughout our SMSC curriculum.

Month	SMSC Focus	Tutorial/Pupil Voice	Assembly/ Workshops (SG/BV)	Links Curriculum
Sept	**Introduction to our school 3Cs values**	• What are Fortitude schools values? • **Word of the term Fortitude.**	• Promoting Values- pupil poster competition) • Safeguarding Workshop • What is safeguarding Introduction to the safeguarding team. • What is KCSIE/ WTTSC • Advice and support are on offer (Year 5 and 6) • McMillan charity event 29/09/23	PD Curriculum: SELP programme SMSC tutor programme Pupil voice
Oct	**What does Fortitude mean for our children** **Resilience and Coping skills**	• Career pathways • Raising our aspirations/ Setting positive goals • Respect- BV (Pupil voice) • Liberty -BV (Pupil voice)	• Resilience workshops • Developing coping skills • Keeping self-safe (SG) • ADHD awareness month	PD Curriculum: SEL programme SMSC tutor programme Pupil voice Academic Curriculum: RSE
Nov	**Anti-Bullying Week**	• Child on child- Tutorial • Bullying or Banter (Tutorial) • Remembrance Day meaning (Pupil voice)/activities	• Child on child (SG) • Anti bullying week • Anti-Bullying Questionnaire (Assembly) • Odd socks day for anti-bullying • Anti-bullying ambassadors	PD Curriculum: SEL programme SMSC tutor programme Pupil voice

	Remembrance Day		• Remembrance Day celebrations 11/11 • Children in Need 17/11	
Dec	**Christmas**	• What is the meaning of Christmas	• Christmas workshops • Charity fundraising at Christmas- Christmas fair/ Christmas jumper day	PD Curriculum: SEL programme SMSC tutor programme Pupil voice
Jan	**Exploitation and Grooming (CSE/CCE)**	• Mutual respect (BV) pupil voice • What is grooming? (Tutorial) • What is exploitation? (Tutorial) • Exploitation (Pupil's voice) • Keeping Self Safe (SG)	• Criminal exploitation(SG) • Sexual exploitation(SG) • County Lines(SG) • Signs of Grooming(SG) • Charity fundraising at Christmas- Christmas fair/ Christmas jumper day	PD Curriculum: SEL programme SMSC tutor programme Pupil voice Academic Curriculum RSE
Feb	**Social media Online Safety**	• Rule of Law (BV) (Pupil voice/Tutorial) • Social Media (tutorial) • Dangers of gaming (Pupil voice)	• Online/E-Safety workshop (SG) • Safer internet day • Children's Mental health week	Academic Curriculum Computing RSE PD Curriculum SEL programme SMSC tutor programme Pupil voice
March	**Political Structures, Civil Rights and Democracy (KS2)**	• Political parties and right to vote (BV/Tutorial & Pupil voice) • Democracy (Pupil voice) • Tolerance • Red nose day preparations	• What are Civil Rights • Tolerance • Red nose day • Easter events -assemblies/charity event	Academic Curriculum: Citizenship PD Curriculum Pupil voice
April	**Autism Awareness Celebrating SEND**	• Mutual respect and Tolerance (BV/Pupil voice) • Raising awareness of Autism (SG) (Tutorial) • **Word of the term" RESPECT**"	• Celebrating Autism awareness day • Autism Superpower- workshops • SEND workshops	Academic Curriculum RSE
May	**Mental Health Awareness week**	• Keeping Self Safe (SG) (Pupil voice) • Good and bad mental health (Tutorial) • Body image/self-image (Tutorial)	• Mental Health awareness week • Wear green for mental health day. • Positive mental health workshop	PD Curriculum: SEL programme SMSC tutor programme Pupil voice Academic Curriculum: RSE

June	**Celebrating Diversity and Equality**	• What is diversity (Pupil Voice/ Tutorial) • Mutual respect and Tolerance (BV)	• Celebrating Diversity • Equality workshops	Academic Curriculum RSE PD Curriculum SEL programme SMSC tutor programme Pupil voice
July	**Celebrating SMSC and Personal Development Achievements**			